

MONTHLY BOARD MEETING MINUTES

September 26, 2016

Mental Health Board

Members in Attendance

Behrens, Sharon
Bond, Yvonne
Cataldo, Lisa
McLennan, Geoff
Stanners, Sharon
Thickens, Theresa

Staff and Guests

Allinger, Tony	Hamilton, Cathy
Abrahamson, Twylla	Jones, Janna
Bauman, Maureen	Madsen, Elizabeth
Boss, Pamela	Osborne, Marie
Cecchetti, Paul	Wierenga, Dianne
Cook, Jennifer	
Filla, Stacci	

Absent Members

Bartley, David
Holmes, Jim

Welcome and Introductions

Theresa Thickens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:17 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – *Read into the minutes by Yvonne Bond*

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

PUBLIC HEARING – Placer County, Mental Health Services Act (MHSA) FY 2016-17 Annual Update

Theresa Thickens, Chairperson of the Mental Health, Alcohol and Drug Board called the Public Hearing to order at 6:19 p.m.

- The Mental Health, Alcohol and Drug Board's (MHADB) role is to hear input from the public on the MHSA FY 2016-17 Annual Update.
- No public comment received.
- Public Hearing concluded at 6:20 p.m.

❖ Guest Speaker: Maureen Bauman, Director, Adult System of Care (ASOC) -- *Presenting the California Behavioral Health Revenue Update*

- The PowerPoint highlights the ways that our system works and is funded.
- This is an overview of California funding streams - not specific to Placer County. This is to give members a sense of the kind of funding streams there are in terms of public mental health.
- Ms. Bauman reviewed each of the funding streams: 1991 Realignment, 2011 Realignment, Federal Financial Participation and Mental Health Services Act.

- Explained the benefits of the 1991 Realignment. The funding source came from ½ cent of state sales tax and state vehicle license fees.
- With realignment came “Target Population” – seriously mentally ill, functional impairments, etc. – received a clear mission of who were to be treated.
- 2011 Realignment Behavioral Health - shifted the funding and services responsibility from the state to the counties.
- EPSDT (Early Periodic Screening, Diagnosis and Treatment) is mostly used on the mental health side, although it is available on the Drug Medi-Cal side. (EPSDT is for children up to the age of 21 for mental health services.)
- Since the 2011 Realignment, the state has adjusted our funds, not to Placer’s benefit.
- Briefly reviewed Proposition 30 - Constitutional Protection. If the state requires counties to do a service they haven’t already funded, then the state is responsible to fund that service. ASOC pays attention to the state inadvertently assigning unfunded responsibilities to Placer County.
- Reviewed the pots of money in the realignment account.
- MHSA created a 1% tax on income in excess of \$1 million a year to expand mental health services.
 - This tax is much more volatile than the others.
 - It has a 400% variance over the last 10 years.
 - ASOC has been cautious in how it has invested these monies.
 - We have a three-year authority to spend every dollar.
- Discussed the population served in Placer County and how it relates to Medi-Cal reimbursable services.
 - Placer County has a smaller percentage of Medi-Cal recipients, in its population, than many counties.
 - Medi-Cal reimbursable services are very specific.
 - Talked about the audit requirements and recoupment.

Secretary/Treasurer’s Report

- Approval of the August 22, 2016 Regular Board Meeting Minutes.
Geoff McLennan made a motion to approve the minutes as distributed, Sharon Behrens seconded. Motion carried.
- **Approval of Treasurer’s Report - \$1,500 - Amount budgeted for Fiscal Year 2016-17.**
 Expenditures for the month of August include: \$70.31 – catered meal, \$35.00 – MHADB business cards, leaving a balance of \$1,306.51.
Geoff McLennan made a motion to approve the Treasurer’s Report as read, Sharon Stanners seconded. Motion carried.

Standing Committee Reports

- ❖ **Executive Committee** – Theresa Thickens
 - No action taken.
- ❖ **Alcohol and Drug (AOD) Committee** – Sharon Stanners
 - Main goal of the committee was outreach.
 - The committee visited the Homeless Shelter in Auburn, meeting with Jason Smith who reported on more collaboration and cooperation with the County. Things are going in a positive direction.
 - Three members participated in Recovery Happens.
 - Two members attended a Providers meeting, connecting more with the providers.
 - Marie Osborne provided a presentation on the site visits that were made, including what ASOC and the state look for when visiting sites.
 - Due to the new members, Amy Ellis was asked to talk about the providers, acronym free. She provided detail on the providers – who they were and what they do.
 - Highlighted the meeting change in the time, day and place, which is noted on the agenda.
 - The second Thursday of the month at 4:30 p.m. at the Rocklin Library in the meeting room.
- ❖ **Children’s Committee** – Sharon Behrens
 - Theresa Thickens reported on the continued work related to the Educationally Related Mental Health Services. The joint committees – Children’s and Quality Improvement Committees, have been meeting with PCOE (Placer County Office of Education), SELPA (Special Education Local Planning Area) and the Counsel of Superintendents for over three years.
 - The last year has been very collaborative and productive.
 - The group discussed concerns related to the committees’ report that was to be included in the MHADB’s annual report to the BOS. They came to an agreement, which is being added the annual report.

- Sharon Behrens talked about the Educationally Related Mental Health Services project, explaining it was to identify where the gaps remained once the transfer went from Mental Health to the schools. The committees want to narrow some of the gaps in services for school-aged children.
- Ms. Thickens noted the reason for this project was that hospitalization (psychiatric hospital) admittances for kids from 0-17 had gone up since the changeover. No causal relationship confirmed, but the committees wanted to see if there was anything that could be done to help improve the services in the schools.
- Discussed a previous project of increasing the number of beds (expanding the facility) at the Crisis Resolution Center (Koinonia), a 6-bed facility for kids ages 12 up to the 18th birthday.
 - The building could not be expanded due to problems with Loomis codes.
 - Ms. Behrens shared the details related to Kaiser contracting with Koinonia, replicating the concept of the Crisis Resolution Center.
 - Taking the conversation to Sutter hospital, furthering the concept of step-down programs.
 - Ms. Behrens sits on Koinonia's Advisory Board.
 - Contact Sharon Behrens if you are interested in visiting Koinonia.
- Sprouts is a trauma informed care program for kids ages 3-6 and has been in the process for approximately 18 months.
 - The desire is to create a regional program.
 - They have taken in their first child from Sacramento County.
 - Reported on funding issues and the loss of funding from First 5 California.
 - Looking at creating a scholarship fund for those kids who won't be covered under county funds and don't have monies.
- Noted there are many changes coming in the foster care system, which will be addressed further at a later date.
 - Now called Resource Families not Foster Families.
 - Change from group home to short-term residential intensive program.
 - Plan to have Twylla Abrahamson provide a presentation at an upcoming MHADB meeting to explain the many changes.

❖ **Adult Services Committee (ASC) – Yvonne Bond**

- Marie Osborne provided a presentation on test calls to the committee. Intake calls are actually increasing year after year.
- Discussed committee's continued interest in housing, listed as a primary goal.
 - Working with Marie Osborne to see if there is any data to support or define what the need is in Placer County in terms of housing – housing that provides various levels of support.
 - Quantify what the housing gap is in Placer for those with persistent severe mental illness.
 - Maureen Bauman suggested getting the number of people that are housed in the various levels of care – Harmony House, Housing and Urban Development, etc. by checking with Kathie Denton or Curtis Budge (ASOC program managers) for the information.
- Napa State Hospital site visit - October 7, 2016.
 - Lisa Cataldo is currently working on a list of future site visits.
 - Maureen Bauman requested she be informed prior to any program site visits.
- Marie Osborne shared and requested input from the committee on a form, as a result of AB1424, wherein information can be provided by family members to a hospital/facility. Need for family involvement – a mechanism where family members can provide input to the health professionals.
 - The Consumer Council (with Mental Health America) will also review the form for input.

Board of Supervisor (BOS)-Representative

- ❖ Supervisor, Jim Holmes reported on the following:
 - Not in attendance.

Correspondence and Announcements

- ❖ Theresa Thickens reported on the following:
 - Recovery Happens, an annual event for addiction and recovery awareness. There was very positive energy and collaborative efforts. Stacci Filla offered to be the lead next year.
 - California Association of Local Behavioral Health Boards and Commissions (CALBHBC) wants to provide information and collaborate with boards in different locations to learn from each other.
 - CALBHBC has invited a member from our board to attend their quarterly meeting on October 6 – 8, 2016.
 - Auburn Big Time Pow Wow - October 15, 2016; information details distributed.

Director's Report

- ❖ Maureen Bauman reported on the following: (*Hard copy distributed*)
 - In response to the MHADB's request, Ms. Bauman prepared a continuum of care summary to view the different levels of services we have, including a brief description. This identifies the various ways we have to assist people in the community.
 - Theresa Thickers asked members to read over and bring back comments/input to the next meeting.

Unfinished Business

- ❖ Recruitment/Visibility (*Standing agenda item*)
 - Two more potential interviews scheduled.
- ❖ Approval of the FY 2015-16 Annual Report to the Board of Supervisors [**Action Item**]
 - Plan to send the report directly to the BOS with cover letter now.
 - Members to think about possibly meeting with the supervisor of their district to highlight/discuss specific areas of the report.
 - Discuss further at the next MHADB meeting.

Sharon Behrens made a motion to accept moving the FY 2015-16 Annual Report forward, Sharon Stanners seconded. Motion carried.

- ❖ Status on Updated MHADB Bylaws (Proposed Changes by County Counsel)
 - Theresa Thickers reported both the MHADB bylaws and the members' handbook (guiding principles of the MHADB/how we operate) were recently updated.
 - The bylaws were sent to County Counsel for input and were returned with minor changes. Highlighted some of the minor changes including: 1) Membership – statute requires a specific number of members, not a range; 2) The board's official name is Advisory Board – Placer County Mental Health, Alcohol and Drug Advisory Board (PCMHADAB).
 - Give thought to the membership to determine the number of members this board will consist of, e.g., 10, 11, etc.
 - The Executive Committee will discuss before moving forward

New Business

- ❖ Vote on Appointment of following applicants to the MHADB [**Action Item**]
 - Dianne Wierenga, Family Member; and 2) Stacci Filla, Public Interest Member.
 - Each applicant provided a brief history on their background and what brings them to the MHADB.
 - The Executive Committee interviewed both applicants and recommends their appointment to the MHADB.

Yvonne Bond made a motion to recommend, to the BOS, the appointment of both Dianne Wierenga and Stacci Filla to the MHADB, Geoff McLennan seconded. Motion carried.

- ❖ Informational Items Only
 - Maureen Bauman provided a brief overview of both the following items that went to the BOS.
 - ☐ MHSA Housing Program Funding Release.
 - ☐ Adopt the Placer County Mental Health Services Act Plan Annual Update 2016-17 and Expenditure Plan.

Board Member Comments

- ✧ Theresa Thickers highlighted the test call spreadsheet she created – FY 2016-17 MHADB Test Call Schedule and Compliance Form (distributed in members' packet). This is a way to ensure calls are made each month and we are addressing the categories required by the state, e.g., calls made to both ASOC and CSOC, making calls after hours, making calls in non-English. The categories/criteria are listed on the spreadsheet. A manual on test calls, created by Marie Osborne, was distributed to members, which helps walk you through the process. It is now on Survey Monkey and can be reviewed on-line.
 - Review manual and bring forward any input and/or questions.
- ✧ Sharon Behrens announced she and Mia Behrens (her daughter) are doing a presentation from 9:00 – 11:00 a.m. on December 9, 2016 in Nevada City. Flyer will be distributed.
- ✧ Prior to joining the MHADB, Geoff McLennan did a report on law enforcement and the mentally ill, interviewing some people in the county about law enforcement triage. He would like to know how it's going and would like the topic added to agenda for future discussion. Interested in anything where law enforcement has contact with a mentally ill person particularly when there is violence/threats.
 - Discussed having a Mobile Crisis Team presentation.

Mr. McLennan shared information on an invitation he received from UCSF – presentation on Stress Anxiety and Depression in Kids and Teens. For those interested, it takes place in San Francisco October 19th from 11:30 – 1:30 (Benioff Children's Hospitals).

- ✧ Maureen Bauman announced CIT (Crisis Intervention Training) takes place October 31st for four days.

Public Input

- ✧ Elizabeth Madsen, with Placer County NAMI (National Alliance on Mental Illness) inquired as to the MHADB's involvement with the criminal justice system due to the criminal justice system being so overwhelmed with the mentally ill, substance abuse and co-occurring. Maureen Bauman provided her with information and will give her additional detail. She is interested in connecting NAMI with the MHADB and work collaboratively.
- ✧ Tony Allinger shared information on a monthly meeting taking place for people who are placed on probation/parole where all the services are made available in one place, allowing people to connect directly to resources – jobs, sobriety, etc. It reconnects people coming out of jail/prison who are trying to get back into the community. The meeting takes place the second Thursday of the month at 9:00 a.m. at the Congregational Church in Auburn.

Adjournment

- The meeting was adjourned at 8:12 p.m.
- **TUESDAY**, October 11, 2016, at 4:00 p.m. is next Executive Committee meeting (ASOC).
- Monday, October 24, 2016, at 6:15 p.m. is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

Secretary/Treasurer, Mental Health, Alcohol and Drug Board